

Children's Church Needs

We are a young church with lots of young kids. We need individuals willing to assist in our children's ministry. Sign-up at the table.

Prayer and Fasting for Leesville Road Middle School:

Will you consider fasting a meal, a day, or an item this week with the focus of God moving to open Leesville Road Middle School?

90 Day Plan:

First 30 Days – Prayer and Fasting
Next 30 Days – Small Groups Formation,
Preparation, and Prayer
Final 30 Days – Promotion and Prayer

What to look forward to in the "Chazown" Series

Week 7: PHYSICAL LIFE
Week 8: WORK LIFE



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August 5th, 2007

Chazown Week 6: PHYSICAL LIFE

I Corinthians 6:14-20

- **EVERY BODY ENDS UP _____.**
- **FEW BODIES END UP SOMEWHERE ON _____.**

Do you not know that your body is a temple of the Holy Spirit... Therefore honor God with your body.

1 Corinthians 6:19-20

**Worldview –
Physical Body = The Temple of**

**Christview –
Physical Body = The Temple of the**

ESSENTIAL PHYSICAL QUESTIONS

1) HOW WILL YOU _____ YOUR BODY?

I Corinthians 6:12-13

- | | |
|------------------------|------------------------------|
| _____ Smaller portions | _____ Water, not soft drinks |
| _____ Healthy choices | _____ Limited sweets |
| _____ Healthy snacks | _____ _____ |

2) HOW WILL YOU _____ FOR YOUR BODY?

REGULAR _____.

CONSISTENT _____.

DEFEAT _____.

Life Application

1) How will you improve your eating? Be specific!

2) How will you care for your body? Make a specific commitment:

I will go to the doctor for this _____, by _____ (date).

My commitment to exercise includes:

With God’s help, I will do this _____ to overcome this addiction: _____.

3) Who will hold you accountable?
